

THIS WEEK'S PRIMARY FOCUS

ROLES

Role	Defend/Change	How Are Things Going?	Next Actions
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GOALS

Goal	Progress	Next Actions
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What ONE thing can I do that will have an INSTANT and BIG impact on my life?

HOLD YOUR SPACE

	Have I Done My Homework?		What CAN I Do?		How Do I Want To Feel?	PYOTB
Time Blocks	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
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Everything can't be top priority. What can wait until next week?